



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPRING INTO SOCCER



REGISTRATION
OPEN NOW!
DEADLINE: MARCH 22

	Age 4-6 (co-ed)	Age 7-10 (co-ed)
Assessments	Saturday, March 23 NO assessments for this age group. First practice March 30	Saturday, March 23 Last name A-M 9:00-9:45 AM Last name N-Z 10:00-10:45 AM
Coaches Meeting	Tuesday, March 26, 7:00 PM	
Practice Dates	March 30 and April 6	
Game Dates	First game: April 13 - Last game: May 18	
Team Pictures	April 6	

COACHES NEEDED!
Our leagues would not be possible
without volunteers! ♥

Members \$30
Potential Members \$55

Return top half of this sheet to the YMCA of Darke County.

All youth athletes and their parents/guardians must review the information below about Sudden Cardiac Arrest (SCA), and watch the informational video, then sign this form acknowledging receipt of information about SCA. Video at: <https://www.youtube.com/watch?v=s-YfCWQPeqw>



Link to Lindsay's Law/SCA video at: <https://www.youtube.com/watch?v=s-YfCWQPeqw>

Parent/Guardian Signature _____

Student Signature _____

Parent/Guardian Name (Print) _____

Student Name (Print) _____

Date _____

Date _____



YMCA of Darke County - 2024 Spring Youth Soccer League

Is child a Y Member? Y / N

Circle age group- age 4-6 age 7-10

T-Shirt size - Circle one Child S

Child M

Child L

Adult S

Adult M

Participant's name: _____ Age/DOB: _____

Home Address: _____ Phone: _____

Primary contact person: _____ Phone: _____

Emergency contact person: _____ Phone: _____

Interested in helping? Our leagues can't run without volunteers like you!
We need coaches, assistants, officials, timers, and team parents. Come to the coaches meeting to learn more.

Yes, I will help. Circle shirt size AS AM AL AXL AXXL No, I cannot help.

Name/contact number _____

I, the parent or guardian of the above child, verify that the above information is correct and do hereby discharge the YMCA of Darke County and its staff from any and all claims of damages in any manner arising from his/her participation in the Youth Soccer League.

Parent/Guardian signature _____ Date _____

Sudden Cardiac Arrest and Lindsay's Law

Parent/Athlete Signature Form

What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) a heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach MUST remove the youth athlete from activity immediately. The youth athlete MUST be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.