



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING

## POOL SCHEDULE



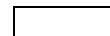


### GREENVILLE BRANCH

August 31 – September 28, 2020

-In our continuing effort to provide the highest safety standards for our members and guests, there will always be at least one lifeguard on duty.

-A responsible adult must be in the water with children 7 years of age and younger. If a child is 8-10 years old and is able to pass a swim test provided by the Y lifeguard, the parent or guardian can leave the pool area as long as they stay in the facility.

-Children must be able to pass a swim test given by the Y lifeguard in order to swim in the 6-9ft section of the pool.

-  Designates Healthy Living Class/ Swim Lessons / Swim Team
-  Designates Adult Open Swim
-  Designates Open Swim
-  Designates the Pool is Closed
-  Designates the Pool for a Special Event

(\* Denotes the number of lap lanes available for lap swimming.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Adult Open/Lap**** 5:30-9:00 a.m.	Adult Open/Lap**** 5:30-9:00 a.m.	Adult Open/Lap**** 5:30-9:00 a.m.	Adult Open/Lap**** 5:30-9:00 a.m.	Adult Open/Lap**** 5:30-9:00 a.m.	
						Adult Open/Lap**** 8:00-9:00 a.m.
	Aqua Motion** 9:00-9:45 a.m.	Aqua Motion** 9:00-9:45 a.m.	Aqua Motion** 9:00-9:45 a.m.	Aqua Motion** 9:00-9:30 a.m.	Aqua Motion** 9:00-9:45 a.m.	Swim Lessons** 9:00-11:00 a.m.
	Open/Lap**** 9:45-10:15 a.m.	Open/Lap**** 9:45-10:30 a.m.	Open/Lap**** 9:45-10:15 a.m.	Aqua Zumba** 9:30-10:15 a.m.	Open/Lap**** 9:45-10:15 a.m.	
	Deep Aqua Motion** 10:15-11:00 a.m.	Senior Splash** 10:30-11:15 a.m.	Deep Aqua Motion** 10:15-11:00 a.m.	Senior Splash** 10:30-11:15 a.m.	Deep Aqua Motion** 10:15-11:00 a.m.	Open/Lap**** 11a.m.-12:30p.m.
	Open/Lap**** 11:00a-12:00 p.m.	Open/Lap**** 11:15a-12:00 p.m.	Open/Lap**** 11:00a-12:00 p.m.	Open/Lap**** 11:15a-12:00 p.m.	Open/Lap**** 11:00a-12:00 p.m.	
	Adult Open/Lap**** 12:00-1:00 p.m.	Adult Open/Lap**** 12:00-1:00 p.m.	Adult Open/Lap**** 12:00-1:00 p.m.	Adult Open/Lap**** 12:00-1:00 p.m.	Adult Open/Lap**** 12:00-1:00 p.m.	
	CLOSED 1:00-4:00 p.m.	CLOSED 1:00-4:00 p.m.	CLOSED 1:00-4:00 p.m.	CLOSED 1:00-4:00 p.m.	CLOSED 1:00-4:00 p.m.	
	Open/Lap**** 4:00-5:30 p.m.	Open/Lap**** 4:00-8:30 p.m.	Open/Lap**** 4:00-6:30 p.m.	Open/Lap**** 4:00-8:30 p.m.	Open/Lap**** 4:00-8:30 p.m.	
	Swim Lessons** 5:30-7:30 p.m.					
			H2O Stretch & Destress** 6:30-7:15 p.m.			
	Open/Lap**** 7:30-8:30 p.m.		Open/Lap**** 7:15-8:30 p.m.			



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# SWIMMING POOL RULES

YMCA OF DARKE COUNTY – Greenville Branch

## Age Requirements/Swim Tests:

- Children 7 and under must always have an adult with them in the water unless enrolled in a swim lesson
- Children ages 8-10 that CANNOT pass the swim test MUST always have an adult IN the water with them
- Parents or guardians of children ages 8-10 who pass the swim test are not required to stay in the pool area as long as they stay in the facility
- A swim test will be given to all children prior to swimming in the deep end (4-5ft).
- Life jackets and personal flotation devices are NOT permitted in the deep end
- No one under the age of 18 is permitted in the spa/hot tub
- If adult patrons are bringing children into the pool area they are to enter through the Special Needs locker room

## Other/General:

- No swimming without a lifeguard
- No breath-holding activities
- No diving
- No running
- No horseplay or breath-holding games
- Proper swim attire is always required for all patrons
- No food, gum, or beverages (other than water) on pool deck
- All swimmers are required to shower before entering the pool, including after use of spa/hot tub
- Individuals with open wounds or contagious diseases are not allowed in the pool
- If you have had Cryptosporidium (diarrhea) in the past two weeks, please do not use the pool
- All lap swimming gear provided by the YMCA (pull buoys, kickboards, hand paddles, fins, etc.) is to be used by lap swimmers only

## What you can bring from home:

- Swim equipment such as goggles, hand paddles, fins, kickboards, pull buoys, etc
- Pool noodles
- Dive toys
- Water soak/Splash balls  
\*pool toys are not permitted to be thrown from the pool deck and must remain below the flags when thrown

## What you CANNOT bring from home:

- Water guns
- Rafts, innertubes, and Inflatables (unless Coast Guard Approved)
- Water balloons
- Sports equipment such as footballs, basketballs, volleyballs, Frisbees, etc.
- Scuba gear