

# FOR IMMEDIATE RELEASE

## “Competitive Gymnastics Team Informational Meeting”

The coaches from the YMCA of Darke County Competitive Gymnastics team invite you to attend an informational meeting, Monday, April 14<sup>th</sup> at 6pm at the Greenville YMCA branch in the basement.

This meeting is for all current and prospective team members' parents. Fees, team practice schedules and competition schedules, as well as expectations for the 2008-2009 competitive season will be discussed. Coaches Katy Smith, Brittani Groff and Jessica Pothast will be in attendance to answer any questions you may have and to evaluate prospective team members.

The team is for interested and qualified gymnasts willing to train 11 months out of the year on vault, uneven bars, balance beam and floor. The team will compete at district, regional and national competitions during the fall and winter seasons. Qualified individuals must have completed at least one session of pre-team at the YMCA of Darke County or must have previously competed at Level 4 or higher. A personal invitation offered by a coach and a YMCA membership is also required. Gymnasts will begin competition at the compulsory Level 4 and advance over time to Levels 5 and 6. With perseverance and commitment during training, competing at optional Levels 7-9 will become a reality for many team members.

The 2007-2008 team, consisting of 26 members and 3 coaches, recently completed a successful season. Several team members will continue to train for Nationals in Sheboygan, Wisconsin held in June. The 2008-2009 season will begin Monday, April 28<sup>th</sup>.

###

**Picture Caption:** YMCA of Darke County Competitive Gymnastic Team coaches, left to right: Brittani Groff, Jessica Pothast & Katy Smith.