



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING

POOL SCHEDULE GREENVILLE BRANCH

SEPT 30TH – OCT 28TH, 2019

In our continuing effort to provide the highest safety standards for our members and guests, there will always be at least one lifeguard on duty.

A responsible adult must be in the water with children 7 years of age and younger. If a child is 8 or older and is able to pass a swim test provided by the Y lifeguard, the parent or guardian can leave the pool area as long as they stay in the facility.

Children must be able to pass a swim test given by the Y lifeguard in order to swim in the deep end.

(*) Denotes number of lap lanes available for lap swimming. Please note that there are no lap lanes available during swim lessons. This is to increase the safety of the children participating in these activities. Thank You.

- Class/ Swim Lessons / Rental
- Open Swim
- Pool is Closed
- Adult Swim – ages 18 and up only
- Swim Team

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---------------------------------------|--|--|---|---------------------------------------|---|--------------------------------------|-------------------------------------|
| | Adult Swim** 5:00am-7:00am | Adult Swim** 5:00am-7:00am | Adult Swim** 5:00am-7:00am | Adult Swim** 5:00am-7:00am | Adult Swim** 5:00am-7:00am | | |
| | Open Swim** 7:00am-8:00am | Open Swim** 7:00am-9:00am | Open Swim** 7:00am-8:00am | Open Swim** 7:00am-9:00am | Open Swim** 7:00am-8:00am | | |
| | Power Wave** 8:00am-8:45am | | Power Wave** 8:00am-8:45am | | Power Wave** 8:00am-8:45am | | |
| | Aqua Motion** 9:00-9:45 am | Aqua Motion** 9:00-9:45 am | Aqua Motion** 9:00-9:45am | Aqua Motion** 9:00-9:30am | Preschool Lessons 9:00am-11:00am | | |
| | Deep Aqua Motion** 10:00-10:45am | Open Swim** 9:45-10:30am | Deep Aqua Motion & Aqua Fit** 10:00-10:45am | Aqua Zumba* 9:30-10:15am | Aqua Motion 9:00-9:45am | | Open Swim** 8:00am-9:45am |
| | | SeniorSplash* 10:30am-11:00am | | | Deep Aqua Motion & Aqua Fit 10:00-10:45am | | |
| | Open Swim** 10:45am-12:00pm | SilverSplash 11:10-11:55am | Open Swim** 10:45am-12:00pm | SilverSplash 11:10-11:55am | Open Swim** 11:00am-12:00pm | | |
| Adult Swim** 12:00pm-2:00pm | Adult Swim** 12:00pm-2:00pm | Adult Swim** 12:00pm-2:00pm | Adult Swim** 12:00pm-2:00pm | Adult Swim** 12:00pm-2:00pm | | | |
| Open Swim** 1:00pm-4:30pm | School Age Swim** (9/30 & 10/28) only 2:00pm-3:00pm | Open Swim** 2:00pm-6:00pm | Open Swim** 2:00pm-5:00pm | Open Swim** 2:00pm-5:00pm | Open Swim** 2:00pm-5:00pm | Open Swim** 12:30pm-4:30pm | |
| | Open Swim** 3:00pm-5:00pm | | | | | | |
| | DCY Practice* 5:00pm-8:00pm | Swim Lessons 6:00pm-7:00pm | DCY Practice* 5:00pm-8:00pm | DCY Practice* 5:00pm-8:00pm | DCY Practice* 5:00pm-8:00pm | | |
| | | H2O Stretch & Destress** 7:00pm-7:45pm | | | | | |
| | Open Swim** 8:00pm-9:00pm | Open Swim** 7:45pm-9:00pm | Open Swim** 8:00pm-9:00pm | Open Swim** 8:00pm-9:00pm | Open Swim** 8:00pm-9:00pm | | |

The Y reserves the right to make changes to this schedule at any time, and will provide as much notice as possible when changes are necessary.



Swimming Pool Rules

YMCA of Darke County – Greenville

Age Requirements/Swim Tests:

- Children 7 and under must always have an adult with them in the water unless enrolled in a swim lesson.
- Children ages 8-10 that CANNOT pass the swim test MUST always have an adult IN the water with them.
- A swim test will be given to all children prior to swimming in the deep end.
- Life jackets and personal flotation devices are NOT permitted in the deep end.
- Parents or guardians of children ages 8-10 who pass the swim test are not required to stay in the pool area as long as they stay in the facility.
- No one under the age of 18 is permitted in the spa/steam room areas or in adult locker rooms.
- If adult patrons are bringing children into the pool area they are to enter through the boys or girls locker rooms. No minors are allowed through the adult locker rooms. The family changing room is available to anyone in need.

Other/General:

- No swimming without a lifeguard
- No breath-holding activities
- No diving in the shallow end
- No running
- No horseplay or breath-holding games
- Proper swim attire is always required for all patrons.
- No food, gum, or beverages (other than water) on the pool deck
- All swimmers are required to shower before entering the pool. Including after use of steam room and saunas.

- Individuals with open wounds or contagious diseases are not allowed in the pool.
- If you have had Cryptosporidium (diarrhea) in the past 2 weeks, please do not use the pool.
- All lap swimming gear provided by the YMCA (pull buoys, kickboards, hand paddles, fins, etc.) is to be used by lap swimmers only

Sauna/Steam Rooms:

- Please do not shave in these areas
- Do not pour water on sauna rocks
- Do not apply any perfumes, lotions, or scented oils while in the sauna or steam room.
- No physical exercise is permitted in these areas

What can you bring from home:

- Swim equipment, such as, goggles, hand paddles, fins, kickboards, pull buoys, etc.
 - Pool noodles
 - Dive toys
 - Water soak/Splash Balls
- *Pool toys are not permitted to be thrown from the pool deck and must remain below the flags when thrown

What you CANNOT bring from home:

- Water guns
- Rafts, innertubes, and Inflatables (Unless Coast Guard Approved)
- Water balloons
- Sports equipment such as footballs, basketballs, volleyballs, Frisbees etc.
- Scuba gear