



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING

## POOL SCHEDULE GREENVILLE BRANCH

**MAY 1<sup>ST</sup>-31<sup>TH</sup>, 2019**

In our continuing effort to provide the highest safety standards for our members and guests, there will always be at least one lifeguard on duty.

A responsible adult must be in the water with children 7 years of age and younger. If a child is 8 or older and is able to pass a swim test provided by the Y lifeguard, the parent or guardian can leave the pool area as long as they stay in the facility.

Children must be able to pass a swim test given by the Y lifeguard in order to swim in the deep end.

(\*) Denotes number of lap lanes available for lap swimming. Please note that there are no lap lanes available during swim lessons. This is to increase the safety of the children participating in these activities. Thank You.

- Class/ Swim Lessons / Rental
- Open Swim
- Pool is Closed
- Adult Swim – ages 18 and up only
- Swim Team Practice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>Adult Swim**</b> 5:00am-7:00am	<b>Adult Swim**</b> 5:00am-7:00am	<b>Adult Swim**</b> 5:00am-7:00am	<b>Adult Swim**</b> 5:00am-7:00am	<b>Adult Swim**</b> 5:00am-7:00am		
	<b>Open Swim**</b> 7:00am-8:00am	<b>Open Swim**</b> 7:00am-9:00am	<b>Open Swim**</b> 7:00am-8:00am	<b>Open Swim**</b> 7:00am-9:00am	<b>Open Swim**</b> 7:00am-8:00am		
	<b>Power Wave**</b> 8:00am-8:45am		<b>Power Wave**</b> 8:00am-8:45am		<b>Power Wave**</b> 8:00am-8:45am		
	<b>Aqua Motion**</b> 9:00-9:45 am	<b>Aqua Motion**</b> 9:00-9:45 am	<b>Aqua Motion**</b> 9:00-9:45am	<b>Aqua Motion**</b> 9:00-9:30am	<b>Aqua Motion**</b> 9:00-9:45am	<b>Open Swim**</b> 7:00am-10:30am	
	<b>Deep Aqua Motion &amp; Aqua Fit**</b> 10:00-10:45am	<b>Open Swim**</b> 9:45-10:30am	<b>SeniorSplash*</b> 10:30am-11:00am	<b>Deep Aqua Motion &amp; Aqua Fit**</b> 10:00-10:45am	<b>Aqua Zumba*</b> 9:30-10:15am	<b>Deep Aqua Motion &amp; Aqua Fit**</b> 10:00-10:45am	
		<b>Open Swim**</b> 10:45am-12:00pm			<b>SilverSplash</b> 11:10-11:55am		
	<b>Open Swim**</b> 1:00pm-3:00pm	<b>Adult Swim**</b> 12:00pm-2:00pm	<b>Adult Swim**</b> 12:00pm-2:00pm	<b>Adult Swim**</b> 12:00pm-2:00pm	<b>Adult Swim**</b> 12:00pm-2:00pm	<b>Adult Swim**</b> 12:00pm-2:00pm	
					<b>Open Swim**</b> 2:00-4:00pm		
	<b>Swim Lessons</b> 4:00-4:30pm						
	<b>Open Swim**</b> 2:00pm-9:00pm				<b>Swim Lessons</b> 6:00pm-7:00pm		
	<b>H2O Stretch &amp; Destress**</b> 7:00pm-7:45pm						
							<b>Open Swim**</b> 7:45pm-9:00pm
							<b>Open Swim**</b> 8:00pm-9:00pm

The Y reserves the right to make changes to this schedule at any time, and will provide as much notice as possible when changes are necessary.