



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING

## POOL SCHEDULE



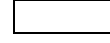


### VERSAILLES BRANCH

January 7 – February 3, 2019

-In our continuing effort to provide the highest safety standards for our members and guests, there will always be at least one lifeguard on duty.

-A responsible adult must be in the water with children 7 years of age and younger. If a child is 8-10 years old and is able to pass a swim test provided by the Y lifeguard, the parent or guardian can leave the pool area as long as they stay in the facility.

-Children must be able to pass a swim test given by the Y lifeguard in order to use the slide or swim in the 4-5ft section of the pool.

-  Designates Healthy Living Class/ Swim Lessons / Swim Team
-  Designates Adult Open Swim
-  Designates Open Swim
-  Designates the Pool is Closed
-  Designates the Pool for a Special Event

(\*\*) Denotes 1 lap lanes available for lap swimming.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>Adult Open/Lap</b> 5:30-9:00 a.m.	<b>Adult Open/Lap</b> 5:30-8:30 a.m.	<b>Adult Open/Lap</b> 5:30-9:00 a.m.	<b>Adult Open/Lap</b> 5:30-9:00 a.m.	<b>Adult Open/Lap</b> 5:30-9:00 a.m.		
		<b>Preschool Lessons**</b> 8:30-9:00 a.m.				<b>Adult Open/Lap</b> 8:00-10:00 a.m.	
			<b>Aqua Core+Cardio Blast</b> 9:00-9:30 a.m.				
		<b>Power Wave</b> 9:00-9:45 a.m.	<b>Open/Lap</b> 9:30a-4:00 p.m.	<b>Power Wave</b> 9:00-9:45 a.m.	<b>Open/Lap</b> 9:00a-3:30 p.m.	<b>Power Wave</b> 9:00-9:45 a.m.	
		<b>Aqua Motion</b> 10:00-10:45 a.m.		<b>Aqua Motion</b> 10:00-10:45 a.m.		<b>Aqua Motion</b> 10:00-10:45 a.m.	<b>Open/Lap</b> 10:00-1:30 p.m.
		<b>Open/Lap</b> 10:45a-3:30 p.m.		<b>Open/Lap</b> 10:45-12:15 p.m.		<b>Open/Lap</b> 10:45a-3:30 p.m.	
				<b>CLOSED - RENTALS</b> 12:15-2:00 p.m.			
	<b>Open/Lap</b> 1:00-4:30 p.m.			<b>Open/Lap</b> 2:00-3:30 p.m.			
		<b>VHS SWIM TEAM</b> 3:30-5:30 p.m.		<b>SWIM TEAM</b> 3:30-5:30 p.m.	<b>VHS SWIM TEAM</b> 3:30-5:00 p.m.	<b>VHS SWIM TEAM</b> 3:30-5:00 p.m.	
			<b>1/8, 1/22, 1/29</b> <b>FT REC. SWIM TEAM</b> 4:00-6:00 p.m.	<b>Open/Lap</b> 5:30-6:00 p.m.	<b>Swim Lessons**</b> 5:00-7:30 p.m.	<b>Open/Lap</b> 5:00-6:30 p.m.	
		<b>DCY SWIM TEAM</b> 6:00-8:00 p.m.	<b>Aqua Zumba®**</b> 6:00-6:45 p.m.				
	<b>Open/Lap</b> 5:30-8:00 p.m.		<b>Open/Lap</b> 6:45-8:00 p.m.	<b>1/10</b> <b>FT RC. SWIM TEAM</b> 6:30-8:00 p.m.			