



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING

GYM SCHEDULE

GREENVILLE

JANUARY – MAY 2019

	Basketball Court
	Tennis Court 2
	Gym Closed
	Open Gym

***February 2nd the Gym will be closed for a Gymnastics Meet**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
5:00 AM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM			
6:00 AM									
7:00 AM									
8:00 AM									
9:00 AM									
10:00 AM		SilverSneakers Classic	Pickleball Class	SilverSneakers Classic		SilverSneakers Classic			
11:00 AM		OPEN GYM	OPEN GYM	OPEN GYM		SilverSneakers Classic		OPEN GYM	
12:00 AM			SilverSneakers Classic						
1:00 PM		OPEN GYM	GHS Tennis Practice	Pickleball		GHS Tennis Practice		OPEN GYM	Pickleball
2:00 PM				Pickleball				Basketball Class	Pickleball
3:00 PM	Pickleball			Pickleball	Pickleball				
4:00 PM		Indoor Cycling & Bootcamp	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM			
5:00 PM				Kinetic Strength					
6:00 PM				OPEN GYM					
7:00 PM		Kinetic Strength							
8:00 PM		OPEN GYM							
9:00 PM	OPEN GYM								