



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING

GYM SCHEDULE
GREENVILLE BRANCH
Sept.- Dec. 2018

LOCATIONS:

G - MAIN BASKETBALL COURT
TC1 - TENNIS COURT 1 (AT NORTH END)
TC2 - TENNIS COURT 2 (CENTER TENNIS COURT)

Time on the tennis court(s) may be reserved at the Welcome Center.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|--|--|--|
| OPEN GYM G 1:00PM-5:00PM Darke County Aeromodelers TC2 *Every 2 nd Sunday 1:00-3:00PM | OPEN GYM G 5:00AM-9:30PM TC2 5:00AM-9:30AM SILVER SNEAKERS CLASSIC TC2 10:00AM-10:45AM SILVER SNEAKERS YOGA TC2 11:00-11:45AM | OPEN GYM G 5:00AM-9:30PM TC2 5:00AM-12:30PM | OPEN GYM G 5:00AM-9:30PM TC2 5:00AM-9:30AM SILVER SNEAKERS CLASSIC TC2 10:00-10:45AM SILVER SNEAKERS YOGA TC2 11:00-11:45AM | OPEN GYM G 5:00AM-9:30PM TC2 5:00AM-12:30PM SILVER SNEAKERS CLASSIC TC2 1:00-1:45PM OPEN GYM TC2 2:00PM - 5:30PM OCT. and NOV. BASKETBALL CLASS MAIN GYM 4:14-5:30 AMERICAN MARTIAL ARTS TC2 6:00-7:30PM | OPEN GYM G 5:00AM-9:30PM TC2 5:00AM-9:30AM SILVER SNEAKERS CLASSIC TC2 10:00-10:45AM SILVER SNEAKERS YOGA TC2 11:00-11:45PM OPEN GYM G, TC2 12:00PM-9:30PM | OPEN GYM G 8:00AM-5:00PM KINETIC STRENGTH TC2 9:00AM-9:45AM OPEN GYM G, TC2 10:00AM-5:00PM |
| | BOOT CAMP TC2 6:00PM-6:45PM KINETIC STRENGTH TC2 7:00PM-7:45PM OPEN GYM TC2 8:00PM-9:30PM | AMERICAN MARTIAL ARTS TC2 6:00-7:30PM OPEN GYM G, TC2 7:30PM -9:30PM | KINETIC STRENGTH TC2 6:00PM -6:45PM OPEN GYM G, TC2 7:00 PM-9:30PM | OPEN GYM G 5:30 -9:30PM TC2 7:30PM -9:30PM | | |

The Branch reserves the right to make changes to this schedule. We will provide as much notice as possible when changes are necessary.