



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING

## POOL SCHEDULE GREENVILLE BRANCH

**NOVEMBER 2018**

In our continuing effort to provide the highest safety standards for our members and guests, there will always be at least one lifeguard on duty.

A responsible adult must be in the water with children 7 years of age and younger. If a child is 8 or older and is able to pass a swim test provided by the Y lifeguard, the parent or guardian can leave the pool area as long as they stay in the facility.

Children must be able to pass a swim test given by the Y lifeguard in order to swim in the deep end.

(\*) Denotes number of lap lanes available for lap swimming. Please note that there are no lap lanes available during swim lessons. This is to increase the safety of the children participating in these activities. Thank You.

- Class/ Swim Lessons / Rental
- Open Swim
- Pool is Closed
- Adult Swim – ages 18 and up only
- Swim team practice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Adult Swim** 5:00am-7:00am	GHS swim team 5:00am-7:00am	Adult Swim** 5:00am-7:00am	GHS swim team 5:00am-7:00am	Adult Swim** 5:00am-7:00am	
	Open Swim** 7:00am-8:00am	Open Swim** 7:00am-9:00am	Open Swim** 7:00am-8:00am	Open Swim** 7:00am-9:00am	Open Swim** 7:00am-8:00am	
	Power Wave** 8:00am-8:45am		Power Wave** 8:00am-8:45am		Power Wave** 8:00am-8:45am	
	Aqua Motion** 9:00-9:45 am	Aqua Motion** 9:00-9:45 am	Aqua Motion** 9:00-9:45am	Aqua Motion** 9:00-9:30am	Aqua Motion** 9:00-9:45am	
	Adventures in the Deep & Shallow & Fit** 10:00-10:45am	Open Swim** 9:45-10:30am	Adventures in the Deep & Shallow & Fit** 10:00-10:45am	Aqua Zumba* 9:30-10:15am	Adventures in the Deep & Shallow & Fit** 10:00-10:45am	
		SeniorSplash* 10:30am-11:00am		SeniorSplash* 10:30am-11:00am		
	Open Swim** 10:45am-12:00pm	SilverSplash 11:10-11:55am	Private Rental 10:45am-12:00pm	SilverSplash 11:10-11:55am	Open Swim** 10:45am-12:00pm	
Adult Swim** 12:00pm-2:00pm	Adult Swim** 12:00pm-2:00pm	Adult Swim** 12:00pm-2:00pm	Adult Swim** 12:00pm-2:00pm	Adult Swim** 12:00pm-2:00pm		
Open Swim** 1:00pm-4:30pm	Open Swim** 2:00pm-3:00 pm	Open Swim** 2:00pm-3:00 pm	Open Swim** 2:00pm-3:00 pm	Open Swim** 2:00pm-3:00 pm		
	GHS swim team 3:00pm-4:00pm	GHS swim team 3:00pm-4:00pm	GHS swim team 3:00pm-4:00pm	GHS swim team 3:00pm-4:00pm	GHS swim team 3:00pm-4:00pm	
	Open Swim Swim Team Practice 5:30-8:00pm	Open Swim 4:00-6:00pm	Open Swim Swim Team Practice 5:30-8:00pm	Open Swim Swim Team Practice 5:30-8:00pm	Swim Lessons 4:00-4:30pm	
		Swim Lessons 6:00pm-7:00pm			Open Swim 4:30pm-5:30pm	
	Open Swim** 8:00-9:00pm	H2O Stretch & Destress** 7:00pm-7:45pm	Open Swim** 8:00-9:00pm	Open Swim** 8:00-9:00pm	Swim Team Practice 6:00-8:00pm <i>2 lanes only</i>	
		Open Swim** 7:45pm-9:00pm			Open Swim** 8:00-9:00pm	

The Y reserves the right to make changes to this schedule at any time, and will provide as much notice as possible when changes are necessary.