



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING

## POOL SCHEDULE VERSAILLES BRANCH

October 14 - 21, 2018

-In our continuing effort to provide the highest safety standards for our members and guest, there will always be at least one lifeguard on duty.

-A responsible adult must be in the water with children 7 years of age and younger. If a child is 8 - 10 years old and is able to pass a swim test provided by the Y lifeguard, the parent or guardian can leave the pool area as long as they stay in the Y facility.

-Children must be able to pass a swim test given by the Y lifeguard in order to use the slide or swim in the deep end.

- Designates Healthy Living Class/ Swim Lessons / Swim Team
- Designates Adult Open / Lap Only
- Designates Open / Lap
- Designates the Pool is Closed
- Designates the Pool for a Special Event

(\*\*) 1 LAP LANE AVAILABLE DURING LESSONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Adult Open/Lap 5:30 – 9:00 a.m.	Adult Open/Lap 5:30 – 8:00 a.m.	Adult Open/Lap 5:30 – 9:00 a.m.	Adult Open/Lap 5:30 – 9:00 a.m.	Adult Open/Lap 5:30 – 9:00 a.m.	
		Aqua Core & Cardio Blast 8:00 – 8:30 a.m.				Adult Open/Lap 8:00 - 10:00 a.m.
	Power Wave 9:00 – 9:45 a.m.	Preschool Lessons** 8:30 – 9:00 a.m.	Power Wave 9:00 – 9:45 a.m.	Open/Lap 9:00a – 3:30 p.m.	Power Wave 9:00 – 9:45 a.m.	
	Aqua Motion 10:00–10:45 a.m.	SWIM LESSONS** 9:00 – 10:00 a.m.	Aqua Motion 10:00 – 10:45 a.m.		Aqua Motion 10:00 – 10:45 a.m.	Open/Lap 10:00a – 1:30p
	Open/Lap 10:45a – 3:30 p.m.	Open/Lap 10:00a – 3:30 p.m.	Open/Lap 10:45 – 12:15 p.m.		Open/Lap 10:45a – 3:30 p.m.	
			CLOSED – RENTALS 12:15 – 2:00 p.m.			
Open/Lap 1:00 – 4:30 p.m.			Open/Lap 2:00 – 3:30 p.m.			
	VHS SWIM TEAM Conditioning** 3:30 – 5:00 p.m. (2 lanes available)	VHS SWIM TEAM Conditioning** 3:30 – 5:00 p.m. (2 lanes available)	VHS SWIM TEAM Conditioning** 3:30 – 5:00 p.m. (2 lanes available)	VHS SWIM TEAM Conditioning** 3:30 – 5:00 p.m. (2 lanes available)	VHS SWIM TEAM Conditioning** 3:30 – 5:00 p.m. (2 lanes available)	
	Open/Lap 5:00 – 8:00 p.m.	Open/Lap 5:00 – 6:00 p.m.	Open/Lap 5:00 – 6:00 p.m.	SWIM LESSONS** 5:00 – 7:30 p.m.	Open/Lap 5:00 – 6:30 p.m.	
		DCY SWIM TEAM 6:00 – 8:00 p.m.	Aqua Zumba® 6:00 – 6:45 p.m.			
			Open/Lap 6:45 – 8:00 p.m.	Open/Lap 7:30 – 8:00p.m.		