



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING

## POOL SCHEDULE GREENVILLE BRANCH JULY, 2018

- Designates Healthy Living Class/ Swim Lessons / Rental
- Designates Open Swim
- Designates the Pool is Closed
- Designated swim team practice

In our continuing effort to provide the highest safety standards for our members and guests, there will always be at least one lifeguard on duty.

A responsible adult must be in the water with children 7 years of age and younger. If a child is 8 or older and is able to pass a swim test provided by the Y lifeguard, the parent or guardian can leave the pool area as long as they stay in the facility.

Children must be able to pass a swim test given by the Y lifeguard in order to swim in the deep end.

(\*) Denotes number of lap lanes available for lap swimming. Please note that there are no lap lanes available during swim lessons. This is to increase the safety of the children participating in these activities. Thank You.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>Adult Swim**</b> 5:00am-7:00am	<b>Adult Swim**</b> 5:00am-7:00am	<b>Adult Swim**</b> 5:00am-7:00am	<b>Adult Swim**</b> 5:00am-7:00am	<b>Adult Swim**</b> 5:00am-7:00am		
	<b>Open Swim**</b> 7:00am-8:00am	<b>Open Swim**</b> 7:00am-9:00am	<b>Open Swim**</b> 7:00am-8:00am	<b>Open Swim**</b> 7:00am-9:30am	<b>Open Swim**</b> 7:00am-8:00am		<b>Open Swim**</b> 8:00am-10:30am
	<b>Power Wave**</b> 8:00-8:45am		<b>Power Wave**</b> 8:00-8:45am		<b>Power Wave**</b> 8:00-8:45am		
	<b>Aqua Motion**</b> 9:00-9:45 am	<b>Aqua Motion**</b> 9:00-9:45 am	<b>Aqua Motion**</b> 9:00-9:45am		<b>Aqua Motion**</b> 9:00-9:45am		
	<b>Adventures in the Deep &amp; Shallow 'n Fit**</b> 10:00-10:45am	<b>Open Swim**</b> 9:45-10:30am	<b>SeniorSplash*</b> 10:30am-11:00am	<b>Adventures in the Deep &amp; Shallow 'n Fit**</b> 10:00-10:45am	<b>Aqua Zumba*</b> 9:30-10:15am	<b>Adventures in the Deep &amp; Shallow 'n Fit</b> 10:00-10:45am	<b>Swim Lessons</b> 10:30am-12:00pm
					<b>SeniorSplash*</b> 10:30am-11:00am		
		<b>Open Swim**</b> 10:45am-12:00pm	<b>SilverSplash</b> 11:10-11:55am	<b>Open Swim**</b> 10:45am-12:00pm	<b>SilverSplash</b> 11:10-11:55am	<b>Open Swim**</b> 10:45am-12:00pm	
<b>Open Swim**</b> 1:00pm-3:30pm	<b>Adult Swim**</b> 12:00pm-2:00pm	<b>Adult Swim**</b> 12:00pm-2:00pm	<b>Adult Swim**</b> 12:00pm-2:00pm	<b>Adult Swim**</b> 12:00pm-2:00pm	<b>Adult Swim**</b> 12:00pm-2:00pm	<b>Open Swim**</b> 12:00pm-3:30pm	
	<b>Open Swim**</b> 2:00pm-9:00pm	<b>Open Swim**</b> 2:00pm-6:00pm	<b>Open Swim**</b> 2:00pm-9:00pm	<b>Open Swim**</b> 2:00pm-9:00pm	<b>Open Swim**</b> 2:00pm-4:00pm		
	<b>Summer Camp Swim</b> 2:00-3:00pm	<b>Summer Camp Swim</b> 2:00-3:00pm	<b>Summer Camp Swim</b> 2:00-3:00pm	<b>Summer Camp Swim</b> 2:00-3:00pm	<b>Summer Camp Swim</b> 2:00-3:00pm		
		<b>Swim Lessons</b> 6:00pm-7:00pm			<b>Swim Lessons</b> 4:00-4:30pm		
		<b>H2O Stretch &amp; Destress**</b> 7:00pm-7:45pm			<b>Open Swim**</b> 4:30pm-9:00pm		
		<b>Open Swim**</b> 7:45pm-9:00pm					