



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING

## GYM SCHEDULE GREENVILLE BRANCH

June-August 2018

### LOCATIONS:

**G** = MAIN BASKETBALL COURT

**TC1** = TENNIS COURT 1

**TC2** = CENTER TENNIS COURT/MULTIPURPOSE AREA

Time on the tennis court(s) or for pickleball may be reserved at the Welcome Center.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<b>OPEN GYM</b> <b>G</b> 5:00AM-9:30PM <b>TC2</b> 5:00AM-9:30AM	<b>OPEN GYM</b> <b>G</b> 5:00AM-9:30PM <b>TC2</b> 5:00AM-12:30PM	<b>OPEN GYM</b> <b>G</b> 5:00AM-9:30PM	<b>OPEN GYM</b> <b>G</b> 5:00AM-9:30PM <b>TC2</b> 5:00AM-12:30PM	<b>OPEN GYM</b> <b>G</b> 5:00AM-9:30PM <b>TC2</b> 5:00AM-9:30AM	<b>OPEN GYM</b> <b>G, TC2</b> 10:30AM-4:00PM	
	<b>SILVER SNEAKERS CLASSIC</b> <b>TC2</b> 10:00-10:45AM		<b>Indoor Cycling + Boot Camp</b> <b>TC2</b> 9:00-9:45 AM	<b>SILVER SNEAKERS CLASSIC</b> <b>TC2</b> 10:00-10:45AM	<b>SILVER SNEAKERS CLASSIC</b> <b>TC2</b> 10:00-11:45AM		
	<b>SILVER SNEAKERS YOGA</b> <b>TC2</b> 11:00-11:45AM		<b>SILVER SNEAKERS YOGA</b> <b>TC2</b> 11:00-11:45AM	<b>SILVER SNEAKERS YOGA</b> <b>TC2</b> 11:00-11:45AM			
	<b>OPEN GYM</b> <b>G</b> 1:00PM-4:00PM		<b>SILVER SNEAKERS CLASSIC</b> <b>TC2</b> 12:30PM-9:30PM	<b>OPEN GYM</b> <b>G, TC2</b> 12:00PM-5:30PM	<b>SILVER SNEAKERS CLASSIC</b> <b>TC2</b> 1:00-1:45PM		<b>OPEN GYM</b> <b>G, TC2</b> 12:30PM-9:30PM
	<b>Darke County Aeromodelers</b> <b>TC2</b> *Every 2 <sup>nd</sup> Sunday 1:00-3:00PM	<b>OPEN GYM</b> <b>G, TC2</b> 12:00PM-5:30PM	<b>SILVER SNEAKERS CLASSIC</b> <b>TC2</b> 1:00-1:45PM	<b>OPEN GYM</b> <b>G, TC2</b> 12:00PM-5:30PM	<b>SILVER SNEAKERS CLASSIC</b> <b>TC2</b> 1:00-1:45PM		<b>OPEN GYM</b> <b>G, TC2</b> 12:30PM-9:30PM
		<b>OPEN GYM</b> <b>G, TC2</b> 2:00PM -5:30PM	<b>OPEN GYM</b> <b>G, TC2</b> 2:00PM -5:30PM	<b>PICKLEBALL</b> <b>TC2</b> 2:00PM -5:00PM	<b>OPEN GYM</b> <b>G, TC2</b> 2:00PM -5:30PM		<b>PICKLEBALL</b> <b>TC2</b> 2:00PM -5:00PM
		<b>BOOT CAMP</b> <b>TC2</b> 5:45-6:45PM	<b>AMERICAN MARTIAL ARTS</b> <b>TC2</b> 6:00-7:30PM		<b>OPEN GYM</b> <b>G</b> 7:00 -9:30PM		
		<b>KINETIC STRENGTH</b> <b>TC2</b> 7:00-7:45PM	<b>OPEN GYM</b> <b>G, TC2</b> 7:30 -9:30PM	<b>KINETIC STRENGTH</b> <b>TC2</b> 7:00 -7:45PM			
		<b>OPEN GYM</b> <b>TC2</b> 8:00-9:30PM		<b>OPEN GYM</b> <b>G, TC2</b> 8:00-9:30PM			

The Y reserves the right to make changes to this schedule. We will provide as much notice as possible when changes are necessary.