



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING

GYMNASIUM SCHEDULE

VERSAILLES BRANCH

May 28 – August 19, 2017

CLASS LOCATIONS:

2G – Full Gym

1G – ½ of the Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
OPEN GYM (2G) 1:00 – 4:00 p.m.	OPEN GYM (2G) 5:30 – 10:00 a.m.	OPEN GYM (2G) 5:30 – 10:00 a.m.	OPEN GYM (2G) 5:30 – 10:00 a.m.	OPEN GYM (2G) 5:30 – 10:00 a.m.	OPEN GYM (2G) 5:30 – 10:00 a.m.	OPEN GYM (2G) 8:00 – 2:00 p.m.	
	Childcare (1G) 10:00 – 10:30 a.m. OPEN GYM (1G) 10:00 – 10:30 a.m.	Childcare (1G) 10:00 – 10:30 a.m. OPEN GYM (1G) 10:00 – 10:30 a.m.	Childcare (1G) 10:00 – 10:30 a.m. OPEN GYM (1G) 10:00 – 10:30 a.m.	Childcare (1G) 10:00 – 10:30 a.m. OPEN GYM (1G) 10:00 – 10:30 a.m.	Childcare (1G) 10:00 – 10:30 a.m. OPEN GYM (1G) 10:00 – 10:30 a.m.		Childcare (1G) 10:00 – 10:30 a.m. OPEN GYM (1G) 10:00 – 10:30 a.m.
	OPEN GYM (2G) 10:30 – 11:30 a.m.	OPEN GYM (2G) 10:00 – 1:00 p.m.	OPEN GYM (2G) 10:30 – 11:30 a.m.	OPEN GYM (2G) 10:30 – 11:30 a.m.	OPEN GYM (2G) 10:30 – 4:00 p.m.		OPEN GYM (2G) 10:30 – 1:00 a.m.
	Lunch Crunch (1G) 11:30 – 12:00 p.m. OPEN GYM (1G) 11:30 – 12:00 p.m.		Lunch Crunch (1G) 11:30 – 12:00 p.m. OPEN GYM (1G) 11:30 – 12:00 p.m.	Lunch Crunch (1G) 11:30 – 12:00 p.m. OPEN GYM (1G) 11:30 – 12:00 p.m.			
	OPEN GYM (2G) 12:00 – 4:00 p.m.		OPEN GYM (2G) 12:00 – 4:00 p.m.	OPEN GYM (2G) 12:00 – 4:00 p.m.			
		Silver Sneakers Classic (1G) 1:00 – 1:50 p.m. OPEN GYM (1G) 1:00 – 1:50 p.m.			Silver Sneakers Classic (1G) 1:00 – 1:50 p.m. OPEN GYM (1G) 1:00 – 1:50 p.m.		
		Silver Sneakers Circuit (1G) 2:00 – 2:50 p.m. OPEN GYM (1G) 2:00 – 2:50 p.m.			Silver Sneakers Yoga (1G) 2:00 – 2:50 p.m. OPEN GYM (1G) 2:00 – 2:50 p.m.		
		OPEN GYM (2G) 2:50 – 4:00 p.m.			OPEN GYM (2G) 2:50 – 4:00 p.m.		
	Childcare (1G) 4:00 – 4:30 p.m. OPEN GYM (1G) 4:00 – 4:30 p.m.	Childcare (1G) 4:00 – 4:30 p.m. OPEN GYM (1G) 4:00 – 4:30 p.m.	Childcare (1G) 4:00 – 4:30 p.m. OPEN GYM (1G) 4:00 – 4:30 p.m.	Childcare (1G) 4:00 – 4:30 p.m. OPEN GYM (1G) 4:00 – 4:30 p.m.	Childcare (1G) 4:00 – 4:30 p.m. OPEN GYM (1G) 4:00 – 4:30 p.m.		
	OPEN GYM (2G) 4:30 – 8:30 p.m.	OPEN GYM (2G) 4:30 – 6:30 p.m.	OPEN GYM (2G) 4:30 – 8:30 p.m.	OPEN GYM (2G) 4:30 – 5:00 p.m.	OPEN GYM (2G) 4:30 – 7:00 p.m.		
		STRONG by Zumba® 6:30 – 7:20 p.m. OPEN GYM (1G) 6:30 – 7:20 p.m.		Gymnastics (1G) 5:00 – 6:45 p.m. OPEN GYM (1G) 5:00 – 6:45 p.m.			
		OPEN GYM (2G) 7:20 – 8:30 p.m.		OPEN GYM (2G) 6:45 – 8:30 p.m.			

