



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING

GYM SCHEDULE
GREENVILLE BRANCH
Sept.- Dec. 2017

LOCATIONS:

G = MAIN BASKETBALL COURT

TC1 TENNIS COURT 1

TC2 = CENTER TENNIS COURT/MULTIPURPOSE AR

Time on the tennis court(s) may be reserved at the Welcome Center.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	OPEN GYM G 5:00AM-9:30PM TC2 5:00AM-9:30AM	OPEN GYM G 5:00AM-9:30PM TC2 5:00AM-12:30PM	OPEN GYM G 5:00AM-9:30PM	OPEN GYM G 5:00AM-9:30PM TC2 5:00AM-12:30PM	OPEN GYM G 5:00AM-9:30PM TC2 5:00AM-9:30AM	OPEN GYM G 8:00AM-4:00PM	
	SILVER SNEAKERS CLASSIC TC2 10:15AM-11:05AM		SILVER SNEAKERS CLASSIC TC2 10:00-10:50AM		SILVER SNEAKERS CLASSIC TC2 10:15-11:05AM		KINETIC STRENGTH TC2 9:30AM-10:20AM
	SILVER SNEAKERS YOGA TC2 11:15AM-12:05PM		SILVER SNEAKERS YOGA TC2 11:00-11:50AM		SILVER SNEAKERS YOGA TC2 11:15AM-12:05PM		
OPEN GYM G 1:00PM-5:00PM	OPEN GYM G, TC2 12:30PM-5:30PM	SILVER SNEAKERS CLASSIC TC2 1:00-1:50PM		SILVER SNEAKERS CLASSIC TC2 1:00-1:50PM	OPEN GYM G, TC2 12:30PM-9:30PM	OPEN GYM G, TC2 10:30AM-5:00PM	
Darke County Aeromodelers TC2 *Every 2 nd Sunday 1:00-3:00PM				OPEN GYM G 2:00PM -5:30PM TC2 2:00PM - 9:30PM			
				BOOT CAMP TC2 6:00PM-6:50PM			AMERICAN MARTIAL ARTS TC2 6:00PM-7:30PM
	KINETIC STRENGTH TC2 7:00PM-7:50PM	OPEN GYM G, TC2 7:30PM -9:30PM	KINETIC STRENGTH TC2 7:00PM -7:50PM	OPEN GYM G 7:00PM -9:30PM			
	OPEN GYM TC2 8:00PM-9:30PM						OPEN GYM G, TC2 8:00 PM-9:30PM

The Y reserves the right to make changes to this schedule. We will provide as much notice as possible when changes are necessary.

YMCA OF DARKE COUNTY

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