



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SAFE POOLS HAVE RULES

- 1. No swimming without a lifeguard**
- 2. No breath-holding activities**
- 3. Shower before you enter the pool**
- 4. No Diving**
- 5. No Running**
- 6. No Gum**
- 7. No Horseplay**
- 8. No Shoving**
- 8. No food or beverages on pool deck**
- 9. Y equipment and starting blocks are only to be used with a Y coach or instructor**
- 10. Children 7 & under MUST be accompanied by a responsible adult in the water**
- 11. Children 8-10 who cannot pass the swim test MUST have a responsible adult in the water**
- 11. Individuals with open cuts or contagious diseases are not allowed in the pool**
- 12. Please follow the rules posted on the slide**
- 13. If you have had Cryptosporidium (diarrhea) in the last 2 weeks please do not use the pool**
- 14. The lifeguard's word is final**

